

Terpene Benefits

NAME	FOUND IN	EFFECTS	AROMA	STRAINS
MYRCENE		Sedating Muscle relaxant Pain relieving	Musky Herbal Some citrus	Khalifa Kush Mimosa Tangie
A-PINENE		Anti inflammatory Energizing Bronchodilator	Pine Mountain air Slightly woody	Blue Dream Strawberry Cough Harlequin
CARYOPHYLLENE		Anti inflammatory Anti anxiety Gastroprotective	Spicy Woody Peppery	Pineapple Express Fatso Mad Max
LIMONENE		Anti anxiety Antidepressant Pain relieving	Citrus Lemon Orange	Girl Scout Cookies Purple Punch Garanimals
HUMULENE		Anti inflammatory Pain desensitizing Appetite suppressant	Earthy Herbal Spicy	Gorilla Glue #4 Green Crack Wedding Cake
LINALOOL		Anti anxiety Sedating Pain relieving	Floral Sugar Citrus	Sour Diesel Do-Si-Dos Ice Cream Cake
TERPINOLENE		Antibacterial Anti inflammatory Antioxidant	Pine Floral Herbal	Durban Poison Super Lemon Haze Jack Herer



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