

Terpene Benefits

| NAME | FOUND IN | EFFECTS | AROMA | STRAINS |
|----------------------|---|---|--|---|
| MYRCENE |  | Anti inflammatory Sedative Muscle relaxant Pain reliever | Musky Herbal Some citrus | Chemdawg Grape Stomper Fire Alien Kush Agent Orange |
| A-PINENE |  | Anti inflammatory Pain desensitizer Anti anxiety Bronchodilator | Pine Mountain air Slightly woody | Vanilla Kush Cookie Cross 9lb Hammer Lavender |
| CARYOPHYLLENE |  | Anti inflammatory Antioxidant Gastroprotective Neuroprotective | Spicy Woody Pepper | Gorilla Glue #4 Tangerine Dream Sage N Sour Pineapple Express |
| LIMONENE |  | Anti anxiety Antidepressant Pain reliever Immunostimulant | Citrus Lemon Orange | GSC (Cookies) Pre-98 Bubba Kush Tangerine Dream Kush/Green Crack |
| HUMULENE |  | Anti inflammatory Pain desensitizer Pain reliever Anticarcinogenic | Woody Earthy Herbal Spicy | Liberty Haze Gorilla Glue #4 Kush/Green Crack Sage N Sour |
| LINALOOL |  | Anti anxiety Sedative Pain reliever Antibacterial | Floral Sugar Citrus | Bubble Gum 9lb Hammer Sour Diesel Locomotion |